

CERTIFICATE OF PARTICIPATION

This is to certify that

Lorna Bartram

Has successfully participated & completed the

5km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:13:10

PACE 14:37/km

OVERALL 32 of 41

GENDER 25 of 32

50 - 59 8 of 9

21 July 2019, Sun

Date



BoutTime

Signature

